**PHASE 1 (learning from age 3) the learning supports:**

|  | **Relationships and Identity** | | | | |
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| **Sub Strands and WMS** | **RSE CODE** | **Nursery**  ***Understanding my feelings*** | **Reception**  ***Managing my feelings*** | **Year 1**  ***Understanding the feelings of others*** | **Year 2**  ***Making choices*** |
| **Forming Healthy Relationships**  ***WMS5 -***   * ***Healthy relationships are fundamental to our well-being.*** | **Ability to act with kindness, empathy and compassion in interactions with others immediate to them including family, friendship and peer relationships.** | **SEAL - Relationships (Blue Set - Nursery and Reception)**  **Values Cycle A Cycle B**  **Role modelling social interactions in Continuous Provision**  **Using Persona Dolls** | | **SEAL - Relationships (Blue Set - Years 1 and 2)**  **Values Cycle A Cycle B**  **Year 1 - Role modelling social interactions in Continuous Provision** | |
| **Communicating in Relationships**  ***WMS2 - How we process and respond to our experiences affects our mental health and emotional well-being.***  ***WMS5 -***   * ***Healthy relationships are fundamental to our well-being.***   ***WMS4 - Human societies are complex and diverse and shaped by human actions and beliefs*** | **An awareness of how to communicate wants and needs in relationships, and begin to respect those of others.**  **Awareness of how needs relate to rights.** | **Toileting - circle time, small group**  **Adults role modelling how to communicate in continuous provision**  **The Curious Visitor** | **Using Persona Dolls**  **Rights web ages** | **A child’s rights and wants** | **Working together** |
| **Diversity in families and relationships** | **Awareness of the diversity of families and relationships, including friendship and peer relationships, and why these are important.** | **Context - Marvellous Me!** | **Context - Me and My World** | **Autumn term topic- Heroes**  **No Outsiders** | **No Outsiders** |
| **Identity** | **Developing a sense of themselves, in the context of families, friends and communities.**  **Recognising how people value different things and have different families, friends and communities.** | **SEAL - Relationships (Blue Set - Nursery)**  **Context - Marvellous Me!**  **Personal doll teaches us about his family and celebrations** | **SEAL - Relationships (Blue Set - Reception)**  **Context - Me and My World**  **Religious celebrations (Eid, Christmas, Chinese New Year)** | **SEAL - Relationships (Blue Set - Years 1 and 2)**  **No Outsiders** | **SEAL - Relationships (Blue Set - Years 1 and 2)**  **Autumn Context - Changes**  **No Outsiders** |
| **Inclusive and fair society** | **Experiencing inclusive behaviours, language and role modelling that show respect for others, whatever their gender.**  **Recognising learners’ rights to be treated fairly, kindly and with respect.** | **Black History Month**  **Context - Marvellous Me!**  **Personal doll teaches us about his family and celebrations** | **Black History Month**  **Context - Me and My World**  **Using Persona Dolls**  **Circle time stories about kindness, fairness, treating others with respect.** | **Black History Month** | **Black History Month** |

|  | **Sexual Health and Wellbeing** | | | | |
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| **Sub strands and WMS** | **RSE CODE** | **Nursery**  ***Knowing myself*** | **Reception**  ***Understanding my feelings*** | **Year 1**  ***Understanding the feelings of others*** | **Year 2**  ***Making choices*** |
| **Life Cycles**  ***WMS3 -The world around us is full of living things which depend on each other for survival.*** | **The use of accurate terminology for all body parts.**  **An awareness of the human life cycle and that reproduction is a part of life** |  | **SRE** Lesson 4 – Keeping clean | **SRE** Lesson 1 – NSPCC Underwear rule – keeping private parts private, using proper names for body parts  SRE Lesson 2 – Touch and the right to say ‘no**’**  **SRE** Lesson 3 – Keeping secrets, people you can trust  SRE Lesson 4 – Keeping clean  **Year 1 - Chicks hatching** | |
| **Growing up**  ***WMS3 -The world around us is full of living things which depend on each other for survival.*** | **Awareness of how human bodies change as they grow.** |  |  |  |  |
| **Personal Health and Hygiene** | **An awareness of the importance of personal self-care and hygiene.** | **Toileting and handwashing** | **Glitter Bugs lesson**  **year 1 & 2**  SRE Lesson 4 – Keeping clean  SRE Lesson 4 – Keeping clean | | |
| **Body image** | **A recognition that everyone’s body is unique and special to them.** | **SEAL - It’s good to be me (Blue Set - Nursery and Reception)** | | **SEAL - It’s good to be me (Years 1 and 2 Blue Set)** | |
| **Understanding our feelings**  ***WMS2 - How we process and respond to our experiences affects our mental health and emotional well-being.*** | **Awareness of the different feelings one can have, recognising other people’s feelings and how these may differ to your own** | **Spectrum - Recognising emotions** | | **Spectrum - Identifying emotions**  **Year 1- Worry Monster in class** | |
| **Finding support** | **Recognising trusted adults who can help them and whom they can talk to and ask questions of, especially when they feel unhappy or unsafe.** | **Key worker groups allocated for circle and snack time** | **S**RE Lesson 3 – Keeping secrets, people you can trust | | |

|  | **Empowerment, safety and respect** | | | | |
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| **Sub strands and WMS** | **RSE CODE** | **Nursery**  ***Knowing myself*** | **Reception**  ***Understanding my feelings*** | **Year 1**  ***Understanding the feelings of others*** | **Year 2**  ***Making choices*** |
| **Equality and Respect** | **Recognising harmful behaviour including behaviours which are discriminatory and the right to be free from discrimination.**  **Ability to interact with others in a way that is fair.** | *No Outsiders*  Something Else Kathryn Cave  Modelling of continuous provision | *No Outsiders*  *You Choose*  Nick Sharratt and Pippa Goodheart  *Red Rockets and Rainbow Jelly*  Sue Heap and Nick Sharratt  *Blue Chameleon*  Emily Gravett  *The Family Book*  Todd Parr  *Mommy, Mama and Me*  Leslea Newman and Carol Thompson | *No Outsiders*  *Elmer*  David Mckee  *Ten Little Pirates*  Mike Brownlow and Simon Rickerty  *That’s Not How You Do It*  Ariane Hofman-Maniyar  *Max the Champion*  Sean Stockdale, Alexandra Strick and Ros Asquith  *My World, Your World*  Melanie Walsh | *No Outsiders*  *The Great Big Book of Families*  Mary Hoffman and Ros Asquith  *The First Slodge*  Jeanne Willis  *The Odd Egg*  Emily Gravett  *What the Jackdaw Saw*  Julia Donaldson and Nick Sharratt  *Blown Away*  Rob Biddulph |
| **Staying safe** | **Recognising the right to be free from harmful, abusive and bullying behaviour.**  **An awareness of how to recognise positive and harmful behaviours, including bullying.**  **Ability to share with a trusted adult when faced with harmful behaviours.** | **SEAL - Say no to bullying (Blue Set - Nursery and Reception)**  **Anti Bullying Week** | | **SEAL - Say no to bullying (Blue Set - Years 1 and 2)**  **Anti Bullying Week**  **Police visit from PC Rachel- Where is a safe place to play?** | |
| **Personal boundaries and respect** | **Beginning to recognise that other people have thoughts, feelings and opinions that are different.**  **An awareness of the need to seek agreement in order to share, for example toys.** | **Modelling and enhancing continuous provision** | **Adults role modelling how to communicate & share in continuous provision** | **Adults role modelling how to communicate & share in continuous provision** | **Adults role modelling how to communicate & share in continuous provision** |
| **An awareness of everyone’s right to privacy, personal boundaries and which parts of the body are private.**  **Ability to communicate if someone is touching them in a way that makes them feel uncomfortable.** |  |  | **SRE** Lesson 1 – NSPCC Underwear rule – keeping private parts private, using proper names for body parts  SRE Lesson 2 – Touch and the right to say ‘no**’**  **SRE** Lesson 3 – Keeping secrets, people you can trust | |
| **Keeping safe online** | **Awareness of how to keep safe when using digital media, including sharing with a trusted adult when they feel uncomfortable or scared.** | **Internet Safety Day**  **Lesson on how to use Ipads** | **Internet Safety Day** | **Internet Safety Day** | **Internet Safety Day** |
| **Advocating for everyone’s rights** | **An awareness that everyone has the right to be safe and no one is allowed to harm anyone else.**  **Ability to speak up for each other** | **SEAL - Getting on and falling out (Blue Set - Nursery and Reception)** | | **SEAL - Getting on and falling out (Blue Set - Years 1 and 2)** | |