**PHASE 1 (learning from age 3) the learning supports:**

|  | **Relationships and Identity** |
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| **Sub Strands and WMS** | **RSE CODE**  | **Nursery*****Understanding my feelings*** | **Reception*****Managing my feelings*** | **Year 1*****Understanding the feelings of others*** | **Year 2*****Making choices*** |
| **Forming Healthy Relationships** ***WMS5 -*** * ***Healthy relationships are fundamental to our well-being.***
 | **Ability to act with kindness, empathy and compassion in interactions with others immediate to them including family, friendship and peer relationships.** | **SEAL - Relationships (Blue Set - Nursery and Reception)****Values Cycle A Cycle B****Role modelling social interactions in Continuous Provision** **Using Persona Dolls** | **SEAL - Relationships (Blue Set - Years 1 and 2)****Values Cycle A Cycle B****Year 1 - Role modelling social interactions in Continuous Provision**  |
| **Communicating in Relationships*****WMS2 - How we process and respond to our experiences affects our mental health and emotional well-being.******WMS5 -*** * ***Healthy relationships are fundamental to our well-being.***

***WMS4 - Human societies are complex and diverse and shaped by human actions and beliefs*** | **An awareness of how to communicate wants and needs in relationships, and begin to respect those of others.** **Awareness of how needs relate to rights.** | **Toileting - circle time, small group** **Adults role modelling how to communicate in continuous provision** **The Curious Visitor** | **Using Persona Dolls****Rights web ages** | **A child’s rights and wants** | **Working together** |
| **Diversity in families and relationships** | **Awareness of the diversity of families and relationships, including friendship and peer relationships, and why these are important.**  | **Context - Marvellous Me!**  | **Context - Me and My World**  | **Autumn term topic- Heroes****No Outsiders** | **No Outsiders** |
| **Identity**  | **Developing a sense of themselves, in the context of families, friends and communities.** **Recognising how people value different things and have different families, friends and communities.** | **SEAL - Relationships (Blue Set - Nursery)****Context - Marvellous Me!** **Personal doll teaches us about his family and celebrations** | **SEAL - Relationships (Blue Set - Reception)****Context - Me and My World** **Religious celebrations (Eid, Christmas, Chinese New Year)** | **SEAL - Relationships (Blue Set - Years 1 and 2)****No Outsiders** | **SEAL - Relationships (Blue Set - Years 1 and 2)****Autumn Context - Changes****No Outsiders** |
| **Inclusive and fair society**  | **Experiencing inclusive behaviours, language and role modelling that show respect for others, whatever their gender.** **Recognising learners’ rights to be treated fairly, kindly and with respect.** | **Black History Month****Context - Marvellous Me!** **Personal doll teaches us about his family and celebrations** | **Black History Month****Context - Me and My World** **Using Persona Dolls****Circle time stories about kindness, fairness, treating others with respect.** | **Black History Month** | **Black History Month** |

|  | **Sexual Health and Wellbeing** |
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| **Sub strands and WMS** | **RSE CODE**  | **Nursery*****Knowing myself*** | **Reception*****Understanding my feelings*** | **Year 1*****Understanding the feelings of others*** | **Year 2*****Making choices*** |
| **Life Cycles*****WMS3 -The world around us is full of living things which depend on each other for survival.*** | **The use of accurate terminology for all body parts.** **An awareness of the human life cycle and that reproduction is a part of life** |  | **SRE** Lesson 4 – Keeping clean | **SRE** Lesson 1 – NSPCC Underwear rule – keeping private parts private, using proper names for body partsSRE Lesson 2 – Touch and the right to say ‘no**’****SRE** Lesson 3 – Keeping secrets, people you can trustSRE Lesson 4 – Keeping clean**Year 1 - Chicks hatching** |
| **Growing up*****WMS3 -The world around us is full of living things which depend on each other for survival.*** | **Awareness of how human bodies change as they grow.** |  |  |  |  |
| **Personal Health and Hygiene** | **An awareness of the importance of personal self-care and hygiene.** | **Toileting and handwashing**  | **Glitter Bugs lesson****year 1 & 2**SRE Lesson 4 – Keeping cleanSRE Lesson 4 – Keeping clean |
| **Body image** | **A recognition that everyone’s body is unique and special to them.** | **SEAL - It’s good to be me (Blue Set - Nursery and Reception)** | **SEAL - It’s good to be me (Years 1 and 2 Blue Set)** |
| **Understanding our feelings*****WMS2 - How we process and respond to our experiences affects our mental health and emotional well-being.*** | **Awareness of the different feelings one can have, recognising other people’s feelings and how these may differ to your own** | **Spectrum - Recognising emotions** | **Spectrum - Identifying emotions****Year 1- Worry Monster in class** |
| **Finding support** | **Recognising trusted adults who can help them and whom they can talk to and ask questions of, especially when they feel unhappy or unsafe.** | **Key worker groups allocated for circle and snack time** | **S**RE Lesson 3 – Keeping secrets, people you can trust |

|  | **Empowerment, safety and respect** |
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| **Sub strands and WMS** | **RSE CODE**  | **Nursery*****Knowing myself*** | **Reception*****Understanding my feelings*** | **Year 1*****Understanding the feelings of others*** | **Year 2*****Making choices*** |
| **Equality and Respect** | **Recognising harmful behaviour including behaviours which are discriminatory and the right to be free from discrimination.** **Ability to interact with others in a way that is fair.** | *No Outsiders* Something Else Kathryn CaveModelling of continuous provision  | *No Outsiders* *You Choose*Nick Sharratt and Pippa Goodheart*Red Rockets and Rainbow Jelly*Sue Heap and Nick Sharratt *Blue Chameleon*Emily Gravett*The Family Book*Todd Parr*Mommy, Mama and Me*Leslea Newman and Carol Thompson | *No Outsiders* *Elmer*David Mckee*Ten Little Pirates*Mike Brownlow and Simon Rickerty*That’s Not How You Do It*Ariane Hofman-Maniyar*Max the Champion*Sean Stockdale, Alexandra Strick and Ros Asquith*My World, Your World*Melanie Walsh | *No Outsiders* *The Great Big Book of Families*Mary Hoffman and Ros Asquith*The First Slodge*Jeanne Willis*The Odd Egg*Emily Gravett*What the Jackdaw Saw*Julia Donaldson and Nick Sharratt*Blown Away*Rob Biddulph |
| **Staying safe** | **Recognising the right to be free from harmful, abusive and bullying behaviour.** **An awareness of how to recognise positive and harmful behaviours, including bullying.** **Ability to share with a trusted adult when faced with harmful behaviours.** | **SEAL - Say no to bullying (Blue Set - Nursery and Reception)****Anti Bullying Week** | **SEAL - Say no to bullying (Blue Set - Years 1 and 2)****Anti Bullying Week****Police visit from PC Rachel- Where is a safe place to play?**  |
| **Personal boundaries and respect** | **Beginning to recognise that other people have thoughts, feelings and opinions that are different.** **An awareness of the need to seek agreement in order to share, for example toys.**  | **Modelling and enhancing continuous provision** | **Adults role modelling how to communicate & share in continuous provision**  | **Adults role modelling how to communicate & share in continuous provision**  | **Adults role modelling how to communicate & share in continuous provision**  |
| **An awareness of everyone’s right to privacy, personal boundaries and which parts of the body are private.** **Ability to communicate if someone is touching them in a way that makes them feel uncomfortable.** |  |  | **SRE** Lesson 1 – NSPCC Underwear rule – keeping private parts private, using proper names for body partsSRE Lesson 2 – Touch and the right to say ‘no**’****SRE** Lesson 3 – Keeping secrets, people you can trust |
| **Keeping safe online** | **Awareness of how to keep safe when using digital media, including sharing with a trusted adult when they feel uncomfortable or scared.** | **Internet Safety Day** **Lesson on how to use Ipads**  | **Internet Safety Day** | **Internet Safety Day** | **Internet Safety Day** |
| **Advocating for everyone’s rights** | **An awareness that everyone has the right to be safe and no one is allowed to harm anyone else.** **Ability to speak up for each other** | **SEAL - Getting on and falling out (Blue Set - Nursery and Reception)** | **SEAL - Getting on and falling out (Blue Set - Years 1 and 2)** |